

MIFFLIN COUNTY SCHOOLS ELEMENTARY-INTERMEDIATE SCHOOL LUNCH MENU September 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Dog/Cheese Dog

31

Baked Beans
Tots

Cheese
Quesadilla

1

Corn
Lettuce & Tomato

Pasta w/
Meat sauce & Breadstick

2

Green Beans
Cucumbers

Breakfast for Lunch:
Waffles & Sausage

3

Tri-Taters
Pepper Strips

No
School

4

Daily Offerings: Nacho Craveable , Garden Salad with Goldfish Crackers & Dinner Roll (V)

No
School

7

Beef Soft Tacos

8

Corn
Lettuce & Tomato

Grilled Asian Sesame Chicken
over Rice

9

Steamed Broccoli
Carrot Sticks

Italian Toaster
Sandwich

10

Curly Fries
Side Salad

Pepperoni & Cheese
Pizza

11

Celery & Ranch Dip
Baked Beans

Daily Offerings: PBJ Craveable, Chef Salad with Dinner Roll

Breaded Chicken
Tenders

14

Crinkle Cut Fries
Chickpea Salad

Walking
Taco w/ Rice

15

Seasoned Black Beans
Lettuce & Tomato

Chicken Alfredo over Penne with
Breadstick

16

Steamed Broccoli
Celery Sticks

Toasted Cheese
Sandwich (V)

17

Tomato Soup
Green Pepper Strips

Cheese
Pizza

E 18

Green Beans
Baby Carrots

Daily Offering, Italian Craveable Turkey & Cheese Wrap

Chicken
Nuggets

21

Fries
Cucumber Slices

Chicken & Cheese
Quesadilla

22

Corn
Lettuce & Tomato

Breakfast for Lunch:
French Toast Sticks
with Sausage Links

23

Tri-Taters
Carrot Sticks

Mac & Cheese
with Dinner Roll (V)

24

Peas
Side Caesar

Fiestada
Pizza

25

Celery & Ranch Dip
Baked Beans

Daily Offerings: Soft Pretzel Craveable| Garden Salad with Goldfish Crackers & Dinner Roll (V)

General Tso's Chicken
with Rice

28

Steamed Broccoli
Caesar Salad

Beef
Hard Tacos

29

Seasoned Black Beans
Lettuce & Tomato

Ham, Egg & Cheese on
Brioche Roll

30

Hash Brown
Cucumber Slices

Daily Offerings: Breadstick Craveable| Chef Salad with Dinner Roll

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student \$3.00

Available Daily

Craveables, & Salad

Fruit & Veggie Selection

Students may choose two ½ cup servings.

Milk Selection

Chocolate, White, & Strawberry, Whole

Your Dining Services Team

Bob DuFour (Director of Food Service)
717-248-0148 Ext. 2514
rd02@2mcsdk12.org

Hope Baker (Fiscal Technician)
717-248-0148 Ext. 2516
hbr41@mcsdk12.org

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free |



Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.