



Monday	Tuesday	Wednesday	Thursday	Friday
2 Mini Maple Pancakes Assorted Cereals w/ Muffins	3 Breakfast Pizza Assorted Cereals w/ Muffins	4 Egg, Sausage & Cheese Sandwich Assorted Cereals w/ Muffins	5 Chocolate Chip French Toast Assorted Cereals w/ Muffins	6 Apple Strudel Assorted Cereals w/ Muffins
9 Mini Cinni Rolls Assorted Cereals w/ Muffins	10 Breakfast Pizza Assorted Cereals w/ Muffins	11 Strawberries & Cream Smoothie Bowl with Graham Crackers Assorted Cereals w/ Muffins	12 French Toast Sticks with Syrup Assorted Cereals w/ Muffins	13 Act 80 Day No School
16 Mini Maple Pancakes Assorted Cereals w/ Muffins	17 Breakfast Pizza Assorted Cereals w/ Muffins	18 Egg, Sausage & Cheese Maple Flatbread Assorted Cereals w/ Muffins	19 Chocolate Chip French Toast Assorted Cereals w/ Muffins	20 Apple Strudel Assorted Cereals w/ Muffins
23 Mini Cinni Rolls Assorted Cereals w/ Muffins	24 Breakfast Pizza Assorted Cereals w/ Muffins	25 Blueberry Pancakes Assorted Cereals w/ Muffins	26 French Toast Sticks with Syrup Assorted Cereals w/ Muffins	27 Breakfast Banana Split Assorted Cereals w/ Muffins
30 Mini Blueberry Donut Holes Assorted Cereals w/ Muffins	31 Breakfast Pizza Assorted Cereals w/ Muffins			

Your Team
Bob DuFour--Food Service Director
717-248-0148 ext. 2514
ma1134@metzcorp.com or
rd02@mcsdk12.org

Meal Prices
Student Breakfast \$1.50
Reduced Breakfast \$.30
**Breakfasts are Free the 2025-2026
School Year**



Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES

Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal?
Lunch Menu					
2 Chili Cheese Dog Chicken Caesar Salad w/ Roll FEATURED VEGGIES Baked Beans Fries Day 6	3 Nachos Grande Chicken Caesar Salad w/ Roll FEATURED VEGGIES Lettuce & Tomato Corn Day 1	4 Chicken and Corn Chowder w/ Peanut Butter Sandwich Chicken Caesar Salad w/ Roll FEATURED VEGGIES Celery Green Beans Day 2	5 Sausage, Egg & Cheese Sandwich Chicken Caesar Salad w/ Roll FEATURED VEGGIES Hash Brown Gr Pepper Strips Day 3	6 Fish Sticks w/ Mac and Cheese Chicken Caesar Salad w/ Roll FEATURED VEGGIES Steamed Broccoli Baby Carrots Day 4	Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk -A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.
Lunch Menu					
9 Cowboy Cheeseburger On Roll Garden Salad w/ Goldfish & Roll FEATURED VEGGIES Baked Beans Fries Day 5	10 Walking Taco Garden Salad w/ Goldfish & Roll FEATURED VEGGIES Lettuce & Tomato Corn Day 6	11 Grilled Cheese Sandwich Garden Salad w/ Goldfish & Roll FEATURED VEGGIES Tomato Soup Peas Day 1	12 Pasta w/ Meat Sauce Breadstick Garden Salad w/ Goldfish & Roll FEATURED VEGGIES Green Beans Baby Carrots Day 2	13 Act 80 Day No School Day 3	Choice of Vegetable May Include: Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit May Include: Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk May Include: White, Chocolate or Strawberry Alternatives May Include: Fresh Entree Salad of the Week Weekly Cold Cut Sandwiches & Wraps or Pizza
Lunch Menu					
16 Pulled Pork Sandwich Chef Salad w/ Roll FEATURED VEGGIES Tots Gr Pepper Strips Day 4	17 Chicken & Cheese Quesadilla Chef Salad w/ Roll (<i>St. Patty's Day Treat</i>) FEATURED VEGGIES Lettuce & Tomato Black Beans Day 5	18 Pancakes & Sausage Chef Salad w/ Roll FEATURED VEGGIES Tots Baby Carrots Day 6	19 Chicken Alfredo Breadstick Chef Salad w/ Roll FEATURED VEGGIES Steamed Broccoli Cherry Tomatoes Day 1	20 Pizza Bagels Chef Salad w/ Roll FEATURED VEGGIES Celery Green Beans Day 2	
Lunch Menu					
23 Popcorn Chicken Bowl Turkey & Cheese Wrap FEATURED VEGGIES Mashed Potatoes Baby Carrots Day 3	24 Soft Beef Tacos Turkey & Cheese Wrap FEATURED VEGGIES Lettuce & Tomato Corn Day 4	25 Grilled Asian Chicken w/ Rice Turkey & Cheese Wrap FEATURED VEGGIES Steamed Broccoli Celery Day 5	26 Ham, Egg, & Cheese Sandwich Turkey & Cheese Wrap FEATURED VEGGIES Oven Fries Gr Pepper Strips Day 6	27 Maxi Sticks w/ Sauce Turkey & Cheese Wrap FEATURED VEGGIES Green Beans Cucumbers Day 1	
Lunch Menu					
30 Meatball Sub Garden Salad w/ Goldfish & Roll FEATURED VEGGIES Peas Cherry Tomatoes Day 2	31 Cheeseburger Tots Garden Salad w/ Goldfish & Roll FEATURED VEGGIES Tots Baked Beans Day 3				
Lunch Menu					
Your Team Bob DuFour--Food Service Director 717-248-0148 ext. 2514 ma1134@metzcorp.com or rd02@mcsdk12.org	Meal Prices Student Lunch \$3.10 Reduced Lunch \$.40				 

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

