

Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal?
2 <u>Week Alternative: Deli Turkey</u> Chili Cheese Dog FEATURED VEGGIES Baked Beans Fries Day 6	3 Beef Tacos Chicken Caesar FEATURED VEGGIES Lettuce & Tomato Corn Day 1	4 Chicken and Corn Chowder w/ Peanut Butter Sandwich FEATURED VEGGIES Celery Green Beans Day 2	5 Sausage, Egg & Cheese Sandwich FEATURED VEGGIES Hash Brown Gr Pepper Strips Day 3	6 Fish Sticks w/ Mac and Cheese FEATURED VEGGIES Steamed Broccoli Baby Carrots Day 4	Students must choose at least 3 of the 5 components available for the school lunch price. <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.
9 <u>Week Alternative: Hamburger</u> Spicy Chicken Sandwich FEATURED VEGGIES Baked Beans Fries Day 5	10 Walking Taco FEATURED VEGGIES Lettuce & Tomato Corn Day 6	11 Grilled Cheese Sandwich FEATURED VEGGIES Tomato Soup Peas Day 1	12 Pasta w/ Meat Sauce Breadstick FEATURED VEGGIES Green Beans Baby Carrots Day 2	13 Act 80 Day No School Day 3	Choice of Vegetable may Include: Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables
16 <u>Week Alternative: Chicken Patty</u> Buffalo Chicken Flatbread FEATURED VEGGIES Tots Gr Pepper Strips Day 4	17 Chicken & Cheese Quesadilla <i>(St. Patty's Day Treat)</i> FEATURED VEGGIES Lettuce & Tomato Black Beans Day 5	18 Cheese Pizza FEATURED VEGGIES Celery Green Beans Day 6	19 Chicken Alfredo Breadstick FEATURED VEGGIES Steamed Broccoli Cherry Tomatoes Day 1	20 Pancakes & Sausage FEATURED VEGGIES Hash Browns Baby Carrots Day 2	Choice of Fresh Fruits may Include: Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice
23 <u>Week Alternative: PBJ</u> Popcorn Chicken Bowl FEATURED VEGGIES Mashed Potatoes Baby Carrots Day 3	24 Nachos Grande FEATURED VEGGIES Lettuce & Tomato Corn Day 4	25 Grilled Asian Chicken w /Rice FEATURED VEGGIES Steamed Broccoli Celery Day 5	26 Ham, Egg, & Cheese Sandwich FEATURED VEGGIES Oven Fries Gr Pepper Strips Day 6	27 Maxi Sticks w/ Sauce FEATURED VEGGIES Green Beans Cucumbers Day 1	Choice of Milk 1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry
30 <u>Week Alternative: Spicy Chicken</u> Meatball Sub FEATURED VEGGIES Peas Cherry Tomatoes Day 2	31 Cheeseburger Tots FEATURED VEGGIES Tots Baked Beans Day 3				Daily Alternates May include: Fresh Entree Salad of the Week Salad Bar, Pizza, Grill Line Weekly Cold Cut Sandwiches & Wraps

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

