

Mifflin County
Elementary Breakfast Menu

February 2026



Meet Your Nutritious Friend:
Cheerleading Cherries

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------|------------------------------|---|--------------------------------|------------------------------|
| 2 | 3 | 4 | 5 | 6 |
| Mini Maple Pancakes | Breakfast Pizza | Egg, Sausage & Cheese Sandwich | Chocolate Chip French Toast | Apple Strudel |
| Assorted Cereals w/ Mufflins | Assorted Cereals w/ Mufflins | Assorted Cereals w/ Mufflins | Assorted Cereals w/ Mufflins | Assorted Cereals w/ Mufflins |
| 9 | 10 | 11 | 12 | 13 |
| Mini Cinni Rolls | Breakfast Pizza | Apple Pie Smoothie Bowl with Graham Crackers | French Toast Sticks with Syrup | Act 80 Day No School |
| Assorted Cereals w/ Mufflins | Assorted Cereals w/ Mufflins | Assorted Cereals w/ Mufflins | Assorted Cereals w/ Mufflins | |
| 16 | 17 | 18 | 19 | 20 |
| No School | Breakfast Pizza | Egg & Cheese Croissant | Chocolate Chip French Toast | Apple Strudel |
| | Assorted Cereals w/ Mufflins | Assorted Cereals w/ Mufflins | Assorted Cereals w/ Mufflins | Assorted Cereals w/ Mufflins |
| 23 | 24 | 25 | 26 | 27 |
| Glazed Dunkin Sticks | Breakfast Pizza | Strawberries & Cream Smoothie Bowl with Graham Crackers | French Toast Sticks with Syrup | Dutch Waffle |
| Assorted Cereals w/ Mufflins | Assorted Cereals w/ Mufflins | Assorted Cereals w/ Mufflins | Assorted Cereals w/ Mufflins | Assorted Cereals w/ Mufflins |
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What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Whole Grain Cereals May Include:

Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios

Choice of Fruit May Include:

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk May Include:

White, Chocolate or Strawberry

Your Team
Bob DuFour--Food Service Director
717-248-0148 ext. 2514
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Meal Prices

Student Breakfast \$1.50
Reduced Breakfast \$.30
Breakfasts are Free the 2025-2026 School Year



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



Meet Your Nutritious Friend:
Cheerleading Cherries

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|---|
| 2 Day 5 Popcorn Chicken with Roll Breadstick Dipper Craveable (V) Chef Salad with Dinner Roll FEATURED VEGGIES Mashed Potatoes Baby Carrots | 3 Day 6 Nachos Grande Breadstick Dipper Craveable (V) Chef Salad with Dinner Roll FEATURED VEGGIES Lettuce & Tomato Black Beans | 4 Day 1 Grilled Cheese Sandwich Breadstick Dipper Craveable (V) Chef Salad with Dinner Roll FEATURED VEGGIES Tomato Soup Peas | 5 Day 2 Sausage Egg and Cheese Sandwich Breadstick Dipper Craveable (V) Chef Salad with Dinner Roll FEATURED VEGGIES Oven Fries Green Pepper Strips | 6 Day 3 Fish Sticks w/ Mac & Cheese Breadstick Dipper Craveable (V) Chef Salad with Dinner Roll FEATURED VEGGIES Steamed Broccoli Cucumbers |
| 9 Day 4 Chicken Patty Yogurt Craveable (V) Turkey & Cheese Wrap FEATURED VEGGIES Oven Fries Celery | 10 Day 5 Walking Taco Yogurt Craveable (V) Turkey & Cheese Wrap FEATURED VEGGIES Steamed Broccoli Lettuce & Tomato | 11 Day 6 French Toast Sticks w/ Sausage Yogurt Craveable (V) Turkey & Cheese Wrap FEATURED VEGGIES Tots Baby Carrots | 12 Day 1 Hot Dog on a Roll Yogurt Craveable (V) Turkey & Cheese Wrap FEATURED VEGGIES Baked Beans Oven Fries | 13 Day 2 Act 80 Day No School |
| 16 No School | 17 Day 3 Chicken & Cheese Quesadilla Walking Taco Craveable Garden Salad with Goldfish Crackers & Dinner Roll (V) FEATURED VEGGIES Corn Lettuce & Tomato | 18 Day 4 Asian Sesame Chicken over Rice Walking Taco Craveable Garden Salad with Goldfish Crackers & Dinner Roll (V) FEATURED VEGGIES Steamed Broccoli Carrot Sticks | 19 Day 5 Hot Ham & Cheese on a Pretzel Roll Walking Taco Craveable Garden Salad with Goldfish Crackers & Dinner Roll (V) FEATURED VEGGIES Baked Beans Caesar Side Salad | 20 Day 6 Cheese Pizza Crunchers with Dipping Sauce (V) Walking Taco Craveable Garden Salad with Goldfish Crackers & Dinner Roll (V) FEATURED VEGGIES Green Beans Side Salad |
| 23 Day 1 Chicken Gravy over Bread Super Fruit Craveable (V) Chef Salad with Dinner Roll FEATURED VEGGIES Steamed Broccoli Mashed Potatoes | 24 Day 2 Taco Tots Super Fruit Craveable (V) Chef Salad with Dinner Roll FEATURED VEGGIES Tots Lettuce & Tomato | 25 Day 3 Cheeseburger on a Bun Super Fruit Craveable (V) Chef Salad with Dinner Roll FEATURED VEGGIES Fries Baked Bean | 26 Day 4 Pasta & Meat Sauce Breadstick Super Fruit Craveable (V) Chef Salad with Dinner Roll FEATURED VEGGIES Side Salad Green Bean | 27 Day 5 Cheese Pizza Super Fruit Craveable (V) Chef Salad with Dinner Roll FEATURED VEGGIES Glazed Baby Carrots Cucumbers |

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

-A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable May Include:

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit May Include:

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk May Include:

White, Chocolate or Strawberry

Alternatives May Include:

Fresh Entree Salad of the Week

Craveables

Weekly Cold Cut Sandwiches & Wraps

(V) Vegetarian

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan

These items do not contain any animal products

Your Team

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Meal Prices

Student Lunch \$2.95
Reduced Lunch \$.40



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CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES