

**Mifflin County School District**  
**August 2025 Junior High School Lunch Menu**

USDA is an equal opportunity provider and employer.

**MONDAY**

August 25

**Entrée**

Hot Dog  
on Roll

**FEATURED VEGGIES**

Tots  
Baked Beans

Day 2

**TUESDAY**

August 26

**Entrée**

Walking Taco  
w/Roll

**FEATURED VEGGIES**

Lettuce and Tomato  
Corn

Day 3

**WEDNESDAY**

August 27

**Entrée**

Deli Ham  
Sandwich

**FEATURED VEGGIES**

Chips  
Baby Carrots

Day 4

**THURSDAY**

August 28

**Entrée**

Cheeseburger  
on Roll

**FEATURED VEGGIES**

Fries  
Cucumbers

Day 5

**FRIDAY**

August 29

**Entrée**

**No School**

**Act 80 Day**

**What is a Meal?**

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate

Choice of Vegetable

Choice of Fruit

Grain/Bread

Choice of Milk

**Weekly Vegetable Subgroups May Include:**

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

**Featured Fruit May Include:**

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**Leave Your Lunch Box at Home**

**Daily alternatives May include:**

Chicken Patty, Cheeseburgers, Deli Sandwiches, Pizza

Premium Salads, or Salad Bar..etc.

"The Menu is subject to change based on product availability."

**Lunch Prices:**

**Student: \$3.10**

**Student Reduced: \$.40**

Questions, Please Contact

"Food Service Director"

Bob DuFour

717-248-0148

Ext. 2514

[rd02@mcsdk12.org](mailto:rd02@mcsdk12.org)

