



Mifflin County School District
Secondary Breakfast
May 2025

Questions, Please Contact
 "Food Service Director"
 Bob DuFour
 717-248-0148
 Ext. 2514
rd02@mcsdk12.org

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast Sticks Or PBJ	Sausage, Egg & Cheese Sandwich Or PBJ	Assorted Cereal w/Muffin Or PBJ <i>Final 2 Weeks</i>	Pancake & Sausage on a Stick Or PBJ <i>of Month will be Chef's Choice</i>	Breakfast Pizza Or PBJ

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of: Grain or grain/protein
- Choice of fruit or vegetable (must take at least a 1/2 cup) and
- Choice of Milk
- Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

You must take at least 1/2 cup of fruit or vegetable

OTHER BREAKFAST

OPTIONS AVAILABLE DAILY:

*Assorted Cereals
 Muffins,
 Pop Tarts,,
 Whole Grain Donuts
 &
 Mini Cinnis*

Start Your Day off With a

"Free" Breakfast for 24-25 School Year

Menu Subject to Change Based Upon Product Availability



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