



Mifflin County School District

May 2024 Middle School Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY								
<p>USDA is an equal opportunity provider and employer.</p> <p>What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch Meat or meat alternate Choice of Vegetable Choice of Fruit Grain/Bread Choice of Milk</p> <p>Weekly Vegetable Subgroups May Include: Dark green - spinach, broccoli, romaine and spring salad Red/Orange - carrots, sweet potatoes, tomatoes, red peppers Beans/Peas Starchy - white potatoes, corn, and lima beans Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage Featured Fruit May Include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges</p> <p>Leave Your Lunch Box at Home Daily alternatives May include: Fresh Entree Salad of the Week Craveable of the Week which could include: Nacho with Chips and Salsa, Cheese stick and Crackers, Breadstick Dipper, and more..</p> <div style="border: 1px solid black; padding: 5px; margin: 5px 0;"> <p>"The Menu is subject to change based on product availability."</p> </div> <div style="border: 1px solid black; padding: 5px; margin: 5px 0;"> <p>Lunch Prices: Student: \$3.00 Student Reduced: \$.40</p> </div> <div style="border: 1px solid black; padding: 5px; margin: 5px 0;"> <p>Questions, Please Contact "Food Service Director" Bob DuFour 717-248-0148 Ext. 2514 rd02@mcsdk12.org</p> </div> <div style="text-align: center; margin-top: 20px;">   </div>	<p>May 1 Entrée Deli Turkey Sandwich</p> <p>FEATURED VEGGIES Chips Baby Carrots</p> <p style="text-align: right;"><i>Day 6</i></p>	<p>May 2 Entrée Cheeseburger Mac & Cheese</p> <p>FEATURED VEGGIES Baked Beans Celery</p> <p style="text-align: right;"><i>Day 1</i></p>	<p>May 3 Entrée Cheese Pizza</p> <p>FEATURED VEGGIES Side Caesar Corn</p> <p style="text-align: right;"><i>Day 2</i></p>	<p>May 4 Entrée Grilled Cheese</p> <p>FEATURED VEGGIES Tomato Soup Green Beans</p> <p style="text-align: right;"><i>Day 3</i></p>	<p>May 5 Entrée Hard Tacos w/Roll</p> <p>FEATURED VEGGIES Lettuce, Tomato Corn</p> <p style="text-align: right;"><i>Day 4</i></p>	<p>May 6 Entrée Spaghetti w/ Meat sauce Breadstick</p> <p>FEATURED VEGGIES Side Caesar Broccoli</p> <p style="text-align: right;"><i>Day 5</i></p>	<p>May 7 Entrée Sloppy Joe on Roll</p> <p>FEATURED VEGGIES Potato Wedges Baked Beans</p> <p style="text-align: right;"><i>Day 6</i></p>	<p>May 8 Entrée Maxi Sticks w/sauce</p> <p>FEATURED VEGGIES Side Salad Corn</p> <p style="text-align: right;"><i>Day 1</i></p>	<p>May 9 Entrée Hot Dog/Chili Dog on Roll</p> <p>FEATURED VEGGIES Oven Fries Baked Beans</p> <p style="text-align: right;"><i>Day 2</i></p>	<p>May 10 Entrée Walking Taco w/ Roll</p> <p>FEATURED VEGGIES Lettuce, Tomato Corn</p> <p style="text-align: right;"><i>Day 3</i></p>	<p>May 11 Entrée Chicken Corn Chowder w/ Peanut Butter Sandwich</p> <p>FEATURED VEGGIES Green Beans Pepper Strips</p> <p style="text-align: right;"><i>Day 4</i></p>	<p>May 12 Entrée Popcorn Chicken w/Roll</p> <p>FEATURED VEGGIES Mashed Potatoes Corn</p> <p style="text-align: right;"><i>Day 5</i></p>	<p>May 13 Entrée Beefy Macaroni (Goulash)</p> <p>FEATURED VEGGIES Side Salad Broccoli</p> <p style="text-align: right;"><i>Day 6</i></p>
		<p>May 13 Entrée Chicken Gravy Over Biscuits</p> <p>FEATURED VEGGIES Side Salad Green Beans</p> <p style="text-align: right;"><i>Day 1</i></p>	<p>May 14 Entrée Loaded Nachos (Taco Beef & Cheddar)</p> <p>FEATURED VEGGIES Lettuce, Tomato Corn</p> <p style="text-align: right;"><i>Day 2</i></p>	<p>May 15 Entrée Spaghetti w/ Meat sauce Breadstick</p> <p>FEATURED VEGGIES Side Caesar Broccoli</p> <p style="text-align: right;"><i>Day 3</i></p>	<p>May 16 Entrée Chicken Noodle Soup w/ Peanut Butter Sandwich</p> <p>FEATURED VEGGIES Carrots Peppers</p> <p style="text-align: right;"><i>Day 4</i></p>	<p>May 17 Entrée Pancakes w/ Sausage</p> <p>FEATURED VEGGIES Tots Cucumbers</p> <p style="text-align: right;"><i>Day 5</i></p>							
		<p>May 18 No School</p> <p style="text-align: center;">Memorial Day</p>	<p>May 19 Entrée Beef and Cheddar Oven Fries</p> <p>FEATURED VEGGIES Peppers & Onions Celery</p> <p style="text-align: right;"><i>Day 6</i></p>	<p>May 20 Entrée Chicken Patty On Roll</p> <p>FEATURED VEGGIES Side Salad Fries</p> <p style="text-align: right;"><i>Day 1</i></p>	<p>May 21 Entrée Chef's Choice</p> <p style="text-align: right;"><i>Day 2</i></p>	<p>May 22 Entrée Chef's Choice</p> <p style="text-align: right;"><i>Day 3</i></p>							
			<p>May 23 Entrée Beef and Cheddar Oven Fries</p> <p>FEATURED VEGGIES Peppers & Onions Celery</p> <p style="text-align: right;"><i>Day 6</i></p>	<p>May 24 Entrée Chicken Patty On Roll</p> <p>FEATURED VEGGIES Side Salad Fries</p> <p style="text-align: right;"><i>Day 1</i></p>	<p>May 25 Entrée Chef's Choice</p> <p style="text-align: right;"><i>Day 2</i></p>	<p>May 26 Entrée Chef's Choice</p> <p style="text-align: right;"><i>Day 3</i></p>							
			<p>May 27 Entrée Beef and Cheddar Oven Fries</p> <p>FEATURED VEGGIES Peppers & Onions Celery</p> <p style="text-align: right;"><i>Day 6</i></p>	<p>May 28 Entrée Chicken Patty On Roll</p> <p>FEATURED VEGGIES Side Salad Fries</p> <p style="text-align: right;"><i>Day 1</i></p>	<p>May 29 Entrée Chef's Choice</p> <p style="text-align: right;"><i>Day 2</i></p>	<p>May 30 Entrée Chef's Choice</p> <p style="text-align: right;"><i>Day 3</i></p>							
			<p>May 31 Entrée Beef and Cheddar Oven Fries</p> <p>FEATURED VEGGIES Peppers & Onions Celery</p> <p style="text-align: right;"><i>Day 6</i></p>	<p>May 32 Entrée Chicken Patty On Roll</p> <p>FEATURED VEGGIES Side Salad Fries</p> <p style="text-align: right;"><i>Day 1</i></p>	<p>May 33 Entrée Chef's Choice</p> <p style="text-align: right;"><i>Day 2</i></p>	<p>May 34 Entrée Chef's Choice</p> <p style="text-align: right;"><i>Day 3</i></p>							
			<p>May 35 Entrée Beef and Cheddar Oven Fries</p> <p>FEATURED VEGGIES Peppers & Onions Celery</p> <p style="text-align: right;"><i>Day 6</i></p>	<p>May 36 Entrée Chicken Patty On Roll</p> <p>FEATURED VEGGIES Side Salad Fries</p> <p style="text-align: right;"><i>Day 1</i></p>	<p>May 37 Entrée Chef's Choice</p> <p style="text-align: right;"><i>Day 2</i></p>	<p>May 38 Entrée Chef's Choice</p> <p style="text-align: right;"><i>Day 3</i></p>							
			<p>May 39 Entrée Beef and Cheddar Oven Fries</p> <p>FEATURED VEGGIES Peppers & Onions Celery</p> <p style="text-align: right;"><i>Day 6</i></p>	<p>May 40 Entrée Chicken Patty On Roll</p> <p>FEATURED VEGGIES Side Salad Fries</p> <p style="text-align: right;"><i>Day 1</i></p>	<p>May 41 Entrée Chef's Choice</p> <p style="text-align: right;"><i>Day 2</i></p>	<p>May 42 Entrée Chef's Choice</p> <p style="text-align: right;"><i>Day 3</i></p>							