

Mifflin County School District  
April 2024 High School Menu

USDA is an equal opportunity provider and employer.

MONDAY

April 1

**Entrée**

Cheeseburger  
on Roll

**FEATURED VEGGIES**

Fries  
Cucumbers

Day 3

TUESDAY

April 2

**Entrée**

Beef and Cheddar  
Oven Fries

**FEATURED VEGGIES**

Peppers & Onions  
Celery

Day 4

WEDNESDAY

April 3

**Entrée**

Chicken Gravy  
Over Biscuits

**FEATURED VEGGIES**

Mashed Potatoes  
Corn

Day 5

THURSDAY

April 4

**Entrée**

Meatball  
Sandwich

**FEATURED VEGGIES**

Green Beans  
Tots

Day 6

FRIDAY

April 5

**Entrée**

Grilled Chicken  
Sandwich

**FEATURED VEGGIES**

Potato Wedges  
Baked Beans

Day 1

April 8

**Entrée**

Chicken  
Fajitas

**FEATURED VEGGIES**

Peppers & Onions  
Cucumbers

Day 2

April 9

**Entrée**

Grilled  
Cheese

**FEATURED VEGGIES**

Tomato Soup  
Green Beans

Day 3

April 10

**Entrée**

Spaghetti  
w/ Meat sauce

**FEATURED VEGGIES**

Side Caesar  
Cherry Tomatoes

Day 4

April 11

**Entrée**

Pulled Pork  
Sandwich

**FEATURED VEGGIES**

Potato Wedges  
Baked Beans

Day 5

April 12

**Entrée**

Sausage Breakfast  
Sandwich

**FEATURED VEGGIES**

Tots  
Celery

Day 6

April 15

**Entrée**

Hot Dog/Chili Dog  
on Roll

**FEATURED VEGGIES**

Potato Wedges  
Baked Beans

Day 1

April 16

**Entrée**

Walking Taco  
w/ Roll

**FEATURED VEGGIES**

Lettuce, Tomato  
Corn

Day 2

April 17

**Entrée**

Macaroni  
& Cheese

**FEATURED VEGGIES**

Green Beans  
Pepper Strips

Day 3

April 18

**Entrée**

Asian Grilled Chicken  
Rice Bowl

**FEATURED VEGGIES**

Carrots  
Broccoli

Day 4

April 19

**Entrée**

Open Face  
Turkey Sandwich w/Gravy

**FEATURED VEGGIES**

Mashed Potatoes  
Corn

Day 5

April 22

**Entrée**

Turkey Noodle  
Soup

**FEATURED VEGGIES**

Peas  
Carrots

Day 6

April 23

**No School For  
For  
Students**

**Primary Election  
Day**

April 24

**Entrée**

Pizza  
Casserole

**FEATURED VEGGIES**

Side Salad  
Green Beans

Day 1

April 25

**Entrée**

Sloppy Joe  
on Bun

**FEATURED VEGGIES**

Oven Fries  
Baked Beans

Day 2

April 26

**Entrée**

Egg and Cheese  
Sandwich

**FEATURED VEGGIES**

Tots  
Cherry Tomatoes

Day 3

April 29

**Entrée**

Ham & Cheese  
on Pretzel Roll

**FEATURED VEGGIES**

Potato Wedges  
Corn

Day 4

April 30

**Entrée**

Loaded Nachos  
(Beef and Cheddar Nachos)

**FEATURED VEGGIES**

Lettuce, Tomato  
Cucumbers

Day 5

**What is a Meal?**

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate

Choice of Vegetable

Choice of Fruit

Grain/Bread

Choice of Milk

**Weekly Vegetable Subgroups May Include:**

Dark green spinach, broccoli, romaine and spring salad

Red/Orange carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

**Featured Fruit May Include:**

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**Leave Your Lunch Box at Home**

**Daily alternatives May include:**

Chicken Patty, Cheeseburgers, Deli Sandwiches

Premium Salads, or Salad Bar..etc.

"The Menu is subject to change based on product availability."

**Lunch Prices:**

**Student: \$3.00**

**Student Reduced: \$.40**

Questions, Please Contact  
"Food Service Director"

Bob DuFour

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