Mifflin County School District
Secondary Breakfast
April 2024

Questions, Please Contact
"Food Service Director"
Bob DuFour
717-248-0148
Ext. 2514
rd02@mcsdk12.org

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast Sticks Or PBJ	Sausage, Egg & Cheese Sandwich Or PBJ	Assorted Cereal w/Muffin Or PBJ	Pancakes Or PBJ	Breakfast Pizza Or PBJ

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein
Choice of fruit or vegetable (must take at least a 1/2 cup)
and
Choice of Milk
Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

You must take at least 1/2 cup of fruit or vegetable

OTHER BREAKFAST

OPTIONS AVAILABLE DAILY:

Assorted Cereals
Muffins,
Pop Tarts,,
Whole Grain Donuts
&
Mini Cinnis

Start Your Day off With a

"Free" Breakfast for 23-24 School Year

USDA is an Equal Opportunity Provider and Employer

Menu Subject to Change Based Upon Product Availability