USDA is an equal
Mifflin County School District
opportunity provider and employer March Elementary-Intermediate Breakfast Menu


| March 4 <br> Assorted Cereal w/ <br> String Cheese | March 5 <br> Pancake on a Stick Or Cereal w/ Muffin | March 6 <br> Dutch Waffle <br> Or Cereal w/ Yogurt | March 7 <br> Pancakes <br> Or Cereal w/ Muffin | March 8 <br> Assorted Cereal w/ <br> Muffin |
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| March 11 <br> Assorted Cereal w/ <br> Muffin | March 12 <br> Breakfast Pizza Or Cereal w/ Muffin | March 13 <br> Donut Day <br> Or Cereal w/ Yogurt | March 14 <br> Pancakes <br> Or Cereal w/ Muffin | March 15 <br> No School for Students Act 80 Day |
| March 18 <br> Assorted Cereal w/ <br> String Cheese | March 19 <br> Breakfast Sausage Sandwich or Cereal w/ | March 20 <br> Dutch Waffle <br> Or Cereal w/ Yogurt | March 21 <br> Egg \& Cheese Biscuit Or Cereal w/ Muffin | March 22 <br> Assorted Cereal w/ <br> Muffin |
| March 25 <br> Assorted Cereal w/ <br> Muffin | March 26 <br> Breakfast Pizza Or Cereal w/ Muffin | $\begin{gathered} \text { March } 27 \\ \text { Donut Day } \\ \text { Or Cereal w/ Yogurt } \end{gathered}$ | March 28 <br> Pancakes <br> Or Cereal w/ Muffin | March 29 <br> No School <br> Good Friday! |

Menu is Subject to Change Based on Product Availability

You must choose at least 3 of the 4 components available for the school breakfast price.
Choice of: Grain or grain/protein
Choice of fruit or vegetable
(must take at least a

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        1/2 cup)
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                                    and
    Choice of Milk
You must take at least
$1 / 2$ cup of fruit or vegetable

Whole Grain Cereal Selection May Include: Cinnamon Toast Crunch Trix, Cocoa Puffs, Cheerios Rice Crunch, Kix, Cheerios Fruit Loops, Frosted Flakes Rice Kripsies, Reese's

Fruit May Include:
Canned peaches,
applesauce, pears,
pineapple, fruit cocktail,
mandarin oranges,
$100 \%$ juice (apple, orange, grape),
fresh fruit selection including apples, bananas and

Questions?
Please Contact
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