

## Drug & Alcohol Services

Name of Service:	Phone Number:	Address:	Description of Services:
Clear Concepts Counseling	717-242-3070	24 North Main St. Lewistown PA 17044	12 step and group meetings, domestic abuse intervention and family counseling, outpatient servies, psychological testing.
Tri-County Drug and Alcohol Abuse Commission	717-242-1446	31 South Dorcus St. Suite D. Lewistown, PA 147044	Halfway house, partial hospitalization, connection to human services, inpatient and outpatient detox, methadone maintence, buprenorphine treatment.
Alcoholics Anonymous (Located at Lewistown Presbyterian Church)	717-242-1517	17 East Third St. Lewistown, PA 17044	Alcoholics Anonymous support group. Multiple meetings per week offered - call for list of dates and times.
Alcoholics Anonymous (Located at Lewistown First United Methodist Church)	717-242-1539	200 East 3rd St. Lewistown, PA 17044	Alcoholics Anonymous support group. Call ahead for meeting date and time.
Alcoholics Anonymous (Located at Holy Communion Lutheran Church)	717-242-1552	132 N Main St. Lewistown, PA 17099	Alcoholics Anonymous support grup. Call ahead for meeting date and time.
Tobacco Cessation Services at Geisinger Lewistown Hospital	800-883-6355	400 Highland Ave Ext. Lewistown, PA 17044	Care Coordination for member of the Geisinger care system. Provides information about quitting tobacco usage and betting health outcomes. Call for more information
Pyramid Health Care	717-935-5400	3893 West Main St. Belleville, PA 17004	Men's Residential Treatment Facility.
<b>National Services:</b>			
Substance Abuse and Mental Health Services Administration (SAMHSA)	1-800-662-4357		Confidential, free help from a counselor via phone

# Human Services

Name of Service:	Phone Number:	Address:	Description of Services:
Mifflin County Assistance Office	1(800)382-5253	1125 Riverside Dr. Lewistown, PA 17044	Food Stamps, Access Cards, Cash Assistance, Housing, Medical, Utility and Legal Assistance, LIHEAP.
Mifflin County Social Services	717-248-3994	152 E Market St. Suite 110, Lewistown, PA	Heating Assistance, Food Resources, Housing and Utility Assistance.
Sacred Heart	717-242-2781	9 N Brown St. Lewistown, PA 17044	Tuesday and Fridays (by appt.) gift cards and food (with proof of income/address), gas vouchers for job interviews and doctors appts (with proof), thrift store, help with obtaining birth certificates. Call for full list of services.
Salvation Army	717-248-8338	9 South Dorcus St. Lewistown, PA 17044	Free food distribution (by appointment) and thrift store.
<b>Food Services:</b>			
Mother Hubbard's Cupboard	717-248-8327	21 South Main St. Lewistown, PA 17044	Food pantry
Hand of Grace	717-247-2656	205 Washington Ave. Lewistown, PA 17044	Food bank - delivery is possible once a month
New Life Church	717-242-1481	101 N Beech St. Burnham, PA 17009	Food bank with emergency food distribution when necessary. Open on Monday evenings and Tuesday mornings.
Area Agency on Aging	717-242-0315	249 West 3rd St. Lewistown, PA 17044	Food delivery services for area seniors.
Calvary Bible Church	717-248-5409	100 Calvary Ln. Lewistown, PA 17044	Food pantry and food boxes available monthly.
East Kish Presbyterian Church	717-667-6233	100 Walnut St. Reedsville, PA 17084	"Blessing Box" located outside on the church property. May stop anytime and freely take the food supplies in the box. Box is regularly refilled with food
McVeytown United Methodist Church	717-899-7866	3 S Queen St. McVeytown, PA 17051	"Blessing Box" located outside on the church property. May stop anytime and freely take the food supplies in the box. Box is regularly refilled with food
Women, Infants, and Children (WIC)	717-248-5339	259 W 3rd St. Lewistown, PA 17044	Food vouchers for women who are pregnant, nursing or have children under 5 years of age. Fathers and Grandparents with custody of children under 5 years of age may also qualify.
*www.co.mifflin.pa.us has an updated list with community meals that are offered throughout the month			.
<b>Housing Assistance:</b>			
Shelter Services Inc.	717-248-0102	13 Depot St. Lewistown, PA 17044	Accepts Males, Females and Children when beds are available. Must be drug tested to receive services.
The Abuse Network	717-242-0715	31 S Dorcus St. Lewistown, PA 17044	Provides Emergency Shelter for women and children who are leaving a domestic violence situation.
Mifflin County Housing Authority	717-248-2624	141 S Pine Rd. Lewistown, PA 17044	Housing financial assistance and rent assistance.
Mifflin County Energy Bank	717-437-3190	20 N Wayne St. Lewistown, PA 17044	Provides heating services to residents who have been denied LIHEAP services. Residents who are 60 years old or over are eligible regardless of LIHEAP status.
Dollar Energy Fund (Penelec WARM)	888-282-6816		To qualify the average electric usage must be at least 375 kWh per month and income must be below 200% of 2020 Federal poverty guidelines.
PPL OnTrack Program	800-342-5775		Income eligible customers can receive a lower fixed monthly electric payment and debt forgiveness. Apply online to determine eligibility.
UGI CAP program	800-844-9276		To qualify income must be below 150% of 2020 Federal Poverty Guidelines. Apply Online. Eligible customers can receive a lower monthly payment and debt forgiveness.
First United Methodist Church	717-248-4618	200 E 3rd St. Lewistown, PA 17044	Provides energy and rent assistance to families who are facing eviction. Can connect family to weatherization services if needed. May provide emergency housing, security deposits and food for homeless individuals and families.
<b>Pregnancy and Women's Health:</b>			
The Abuse Network	717-242-0715	31 S Dorcus St. Lewistown, PA 17044	Provides advocacy and accompaniment with legal, medical and police encounters. Provides empowerment and options counseling as well as support groups for domestic violence survivors (women and children)
Crossroads Pregnancy Center	717-242-0301	1130 W 4th St. #1 Lewistown, PA 17044	Free pregnancy and Sexually Transmitted Infection (STI) testing, Limited ultrasound services, Options Counseling, Prenatal and Parenting classes with material assistance (classes are completed in exchange for cribs, car seats, etc.). Counseling resources available for men who are in unexpected pregnancies.
Women's Health Services, Inc.	717-248-0175	99 N Juniata St. Lewistown, PA 17044	Fertility treatments, pregnancy and childbirth care, gynecological services, and Women's heart health clinic
<b>Clothing Resources:</b>			
Shelter Thrift Shop	717-248-0102	13 Depot St. Lewistown, PA 17044	discounted second hand clothes and shoes
Clothing Closet (Evangel Baptist Church)	717-242-2769	375 W. 5th St. Lewistown, PA 17044	Free clothing provided during the 1st and 3rd Saturday of each month. *During COVID-19 must call ahead and schedule pick up time - children's clothes ONLY*
Grace United Methodist Church	717-248-5311	101 Logan St. Lewistown, PA 17044	Shoe bank open 9am to 12pm during the 1st and 3rd Saturday of each month. Free shoes for those who provide proof of residency and income.

## Medical Services

Name of Provider:	Phone Number:	Address:	Insurance Information:
<b>Optometry:</b>			
Walmart Vision Center	717-248-5054	10180 U.S. 522 S. Lewistown, PA 17044 (Inside Walmart)	Exam Only will be covered by Medical Assistance
NuVisions	717-242-1444	658 Valley St. Lewistown, PA 17044	Accepts Medical Assistance - No insurance needed
Big Valley Eye Care	717-935-2108	4461 East Main St. Belleville PA 17004	Accepts Medical Assistance
Burns Eye Care Associates	717-248-4574	54 Chestnut St. Lewistown, PA, 17044	Accepts Medicare, Health America, Geisinger Health Plan, Geisinger Gold, Blue Cross/Blue Shield, VBA and VSP.
Greater Vision Eye Associates	717-248-5678	19 W 3rd St. Lewistown, PA 17044	Call office or check with your insurance for more information
Wise Eye's Optical Center	717-242-1915	231 N Logan Boulevard Burnham, PA 17009	Call office or check with your insurance for more information
Center for Eye Care (Ophthalmology)	717-242-2514	27 Sandy Lane #220 Lewistown, PA 17044	Call office or check with your insurance for more information
<b>Dentistry:</b>			
Primary Health Network	717-447-0340	106 N Derry Ave. Lewistown, PA 17044	Accepts Medical Assistance.
Dr. Latonya Pitts	717-248-9551	40 Chestnut St. Lewistown, PA 17044	Accepts Medical Assistance for children only.
Direct DentalCare	717-248-6004	30 W 3rd St. Lewistown, PA 17044	United Concordia, Delta Dental, Blue Cross, CHIP - if insurance is not listed here call and ask whether it is accepted.
Smolcic and Associates	717-248-6485	73 Chestnut St. Lewistown, PA 17044	Call office or check with your insurance for more information
Dr. Golub (formerly Eichenlaub & Bodn	717-248-4896	744 Valley St. Lewistown, PA 17044	Call office or check with your insurance for more information
Deborah Fiume	717-248-6979	125 S Plaza Dr. Lewistown, PA 17044	Call office or check with your insurance for more information
Drs. Kearns, Ashby, Rajchel, & Assoc.	717-558-9830	4509 Union Deposit Rd. Harrisburg, PA 17111	Call office or check with your insurance for more information
Pediatric Dental Care	814-238-7120	1019 Ghaner Rd., Suite 100 Port Matilda, PA 16870	Call office or check with your insurance for more information
William Goss	717-248-4984	23 N Brown St. Lewistown, PA 17044	Call office or check with your insurance for more information
<b>Pediatricians:</b>			
Geisinger Family Health Associates	800-230-4565	21 Geisinger Ln. Lewistown, PA 17044	Call office or check with your insurance for more information
Dr. Burke	717-242-1391	16 W Market St. Lewistown, PA 17044	Call office or check with your insurance for more information
<b>OB/GYNs:</b>			
Geisinger Women's Health	717-242-4200	400 Highland Ave Ext. Lewistown, PA 17044	Call office or check with your insurance for more information
Dr. Malhorta	717-242-1441	18 N Main St. Lewistown, PA 17044	Call office or check with your insurance for more information
<b>State Health Centers:</b>			
Mifflin County State Health Center	717-242-1452	21 S Brown St. Lewistown, PA 17044	Accepts Medicaid - low fee STI testing and vaccinations
<b>Family Physicians:</b>			
Geisinger Family Health Assoicates	800-230-4565	400 Highland Ave. Ext., Lewistown PA 17044	Call office or check with your insurance for more information
Lewistown Community Health Center	717-447-0340	106 N Derry Ave. Lewistown, PA 17044	Call office or check with your insurance for more information
Mount Nittany Health System	717-667-7737	96 Kish Road Reedsville, PA 17084	Call office or check with your insurance for more information
Family Health Associates	717-242-7340	400 Highland Ave. #Mob5 Lewistown, PA 17044	Call office or check with your insurance for more information

# Mental Health Services

Name of Services:	Phone Number:	Description of Services:	Specialties Offered:	Ages Accepted:
Brighter Visions Counseling	717-242-1428	Provides individual and group services in a broad range of areas.	Fully liscenced by PA dept. of Drug and Alcohol Programs to provide Drug and Alcohol Outpatient Counseling.	Age 14 and older
CenClear	717-248-8197	Mental Health Outpatient, Blended Case Management, Family Based MH		
Children's Behavioral Health	717-242-0299	Case Management, TSS, Behavior Specialist, Mobile Therapy, rehabilitation services and partial hospitalization.		Age 5 and older
Enlighten Psychiatric Services	717-437-9000 (fax:	Medication management, psychiatric evaluations and counseling		
Evolution Counseling Services, LLC	814-506-8651	Functional Family Therapy (FFT)	FFT is Evidenced Based	Ages 10-18
Geisinger	717-242-4200	Inpatient and Outpatient Psychiatric services for a broad range of needs.		
Primary Health Network	717-447-0340	Family medicine, child and adult behavioral health services, telepsychiatry.	Trauma Focused Cognitive Behavioral Therapy.	
ReDCo Group	484-370-3881	Behavioral health and intellectual disability services (Outpatient counseling, crisis, employment programs, etc.)		Children/adolescents/ adults
Solutionz LLC	717-953-9571	Child and Adolescent psychiatry and individual counseling	Child and adolscent psychiatry	
Wellspring Counseling Center LLC	717-363-4973	Individual Counseling available for a broad range of needs.	Addiction Counseling, Christian Counseling, Truama Focused - Cognitive Behavioral Therapy, Cognitive Processing Therapy	Age 5 and older
Merakey	717-248-8540	Behavioral health, autism support, foster care, substance use disorder, transition services, long term services		
New Ray of Hope (Located at Lewistown First United Methodist Church)	717-248-4618	Support group for adults who are dealing with a mental health diagnosis		
Dr. Lilly (Geisinger Lewistown Pediatric Behavioral Health Services)	570-271-6396	(must be part of Geisinger Health System) works with children, adolescents and families to address needs	Pediatrics and parenting services	Age 5 and older
<b>National Services:</b>				
National Suicide Prevention Lifeline	800-273-8256	24-hour suicide prevention hotline - available in English and Spanish		
National Domestic Violence Hotline	800-799-7234	24-hour hotline for domestic violence survivors to find help and support		
Rape, Sexual Assault, Abuse and Incest National Network	800-656-4674	24-hour hotline for survivors of sexual assault to gain help and support		

## Mifflin County Preschools and Child Care Centers

**Preschools-** Preschool programs are not certified by the Dept of Public Welfare. Class times are usually part day and part time.

	Address	Phone #	Contact Person
Presbyterian Preschool	17 East Third Street Lewistown, PA 17044	248-4561	Ginny Westover g.redwest@gmail.com
Belleville Mennonite Preschool *Pre-K Counts	4105 Front Mountain Road Belleville, PA 17004	935-2184	Ethel Zook
Reedsville Lutheran Preschool	PO Box 221 Reedsville, PA 17084	667-6312	Joy Garland joyousb@hotmail.com
McVeytown Preschool	3 S. Queen St. McVeytown, PA 17051	899-6416	Susan Stringer Sstringer1986@gmail.com
Calvary Bible Preschool	100 Calvary Lane Lewistown, PA 17044	248-5409	Jeannie Miriello jeannie@calvarybibleonline.org
Patchwork Pals Preschool- TIU#11	31 S. Dorcas St. Lewistown, PA 17044	899-6416	Tracy Shade tshade@tiu11.org

**Mifflin County Child Care and Head Start Programs-these programs are licensed through Department of Education/Human Services**

	Address	Phone #	Director	Pre-K Counts	Keystone STARS
Hide n Seek Christian Day Care	205 Washington Ave Lewistown, PA 17044	248-7837	Allison Newlen anewlen27@yahoo.com	yes	STAR 3
Panda Preschool and Day Care	101 N. Beech St Burnham, PA 17009	242-1481	Heather Milliken milliken.panda@gmail.com	yes	STAR 4
Children of the Ark	6376 #14 Belle Ave Lewistown, PA 17044	242-1850	Darla Reish dmreish@localnet.com		STAR 2
St John's Christian Day Care	3597 West Main St. Belleville, PA 17004	935-2959	Kristen Sharp sjcdaycare@embarqmail.com		STAR 3
SUMCD, Inc Lewistown Children's Ctr	10 Bollinger Road Lewistown, PA 17044	242-3032	Amy Zimmerman azimmerman@sumcd.org	yes	STAR 3
Tiny Tots Group Child Care Home	55 North Riverside Drive Mt. Union, PA 17066	814-542-3211	Dawn Try trytinytots@gmail.com		STAR 2
Burnham UM Church Group Child Care Home	203 N. Walnut St Burnham, PA 17009	248-2682	Jamie MacKnair varner32@verizon.net		STAR 1

<b>Early Head/Head Start</b>					
Mifflin County Early Head Start/Head Start/Healthy Families America	10 Bollinger Road Lewistown, PA 17044	242-3032	<a href="http://www.summitearlylearning.org">www.summitearlylearning.org</a>		

### **After School Programming:**

The following licensed early childhood programs have before/after school programs at their early childhood locations: Hide n Seek, Panda Preschool, Children of the Ark, St Johns Christian Day Care.

\*Summit Early Learning has the before & after school programs at the school district

**Head Start** is a federal program that promotes the school readiness of children ages birth to 5 from low-income families by enhancing their cognitive, social and emotional development.

**Keystone STARS ([papromiseforchildren.org](http://papromiseforchildren.org))** provides families a tool to gauge the quality early learning programs and is proven to improve the quality of child care based on an independent study. Child care programs earn a STAR 1 to STAR 4 level by meeting quality standards for teacher qualifications, learning environment and program management.

**Pennsylvania Pre-K Counts ([papromiseforchildren.org](http://papromiseforchildren.org))** provides no cost high quality pre-kindergarten education for at-risk 3 and 4 year olds in Pennsylvania.