

Should I send my child to school?

Keep your child home if they have any of these symptoms:

- Temperature of 100 Degrees or Higher. Temperature should be normal **without medication** for 24 hours before returning to class.
- Vomiting and Diarrhea
- Persistent Cough or Thick Nasal Discharge
- Eyes: Red, Itchy or with a Discharge
- Earache
- Persistent Itching of the Scalp:
If you suspect your child may have head lice, call your school's nurse to have your child checked before he/she goes to the classroom. If positive for head lice, the child must be cleared by the school nurse before riding the bus or re-entering school.
- Rash: Persistent Itching Over the Body

Your child should remain at home until these symptoms are resolved or medically treated.



*Any Questions? Please check with
Your Child's School Nurse:
**The nurse's home school is
in bold***

Mrs. Heather Eagle, RN
**Indian Valley Elementary
Center 667-2123**
Belleville Mennonite 935-2575

Mrs. Lanette Potutschnig, RN
Mrs. Nicole Hosler, LPN, *HRA
East Derry Elementary 543-5615
**Lewistown Elementary
School 242-5823**
Mifflin County Christian
Academy
242-1481

Mrs. Abigail Allison, RN
Mrs. Andrea Ziegler, LPN, *HRA
**Lewistown Intermediate
School 248-5801**
Strodes Mills Elementary School
248-7154
Sacred Heart 248-5351

Mrs. Rebecca Sheetz, RN
Mrs. Elizabeth Harvey, LPN,
*HRA
**Mifflin County Middle
School 242-1401**

Mrs. Brittany R. Grabill, RN
Ms. Joy Lucas LPN, *HRA
**Mifflin County High School
242-0240**

Ms. Wendy Walker, RN
**Mifflin County Jr. High
School 248-5441**

*HRA—The Health Room Aide supports the Certified School Nurse and assists with health problem follow-up, counseling and referrals.

School Health Services



Prepared by the
MCSD School
Nurses

**Mifflin County School
District
Health Service Team**

Goal:

- To attain and maintain the optimal health status of all students so they may receive maximum benefit from their educational experiences.

Objectives:

- To maintain a comprehensive health record system
- To provide health counseling instruction for students, parents and staff.
- To plan and implement a program of prevention and control of communicable disease in accordance with regulation.
- To design a health referral and follow-up system.
- To assist in planning educational services appropriate for students with health problems.
- To plan an effective program of health services that meets legal requirements & student's needs.



The Role of the School Nurse

- Promote Wellness
- Control Communicable Disease
- Treat Acute & Chronic Illness
- Provide First Aid & Treatment
- Dispense Medications
- Provide Emergency Care & Referrals

The School Nurses Conduct State Mandated Health Assessments & Screenings for:

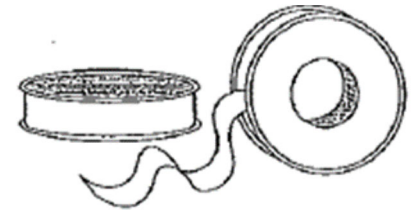
- Immunization Compliance
- Physical Exams: K, 6 & 11
- Dental Exams: K, 3 & 7
- Hearing Screenings K-3, 7, 11
- Scoliosis Exams: 6 & 7
- Yearly Vision Screening for all Grade Levels
- Yearly height, weight, & BMI screenings for all Grade levels
- Health History

The Team Identifies & Refers At Risk Students Who Are:

- Abused
- Victims of Domestic and or School Violence
- Drug or Alcohol Dependent
- Homeless
- Pregnant
- Suicidal

Provides Health Education & Counseling:

- Individual Health Conditions
- First Aid Education
- Personal Hygiene
- Human Growth & Development
- AIDS Education & Prevention
- Dental Education
- Drug & Alcohol Education
- Pregnancy Prevention Support Service
- Sexually Transmitted Disease Education



School, Home & Community Liaison Resources for:

- Parents, Students & Staff
- Community Agencies
- Health Professionals
- Interdisciplinary Health Professional Teams
- Disaster Readiness