

Counseling Corner



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NEW COUNSELING HAPPENINGS AT SMES!

Hello SMES families. Please check out all the great items on this month's Counseling Corner newsletter. 3rd grade is finally done with the PSSAs! Whoo hoo! As our year comes quickly to an end please look at some of the resources, tips & summer safety items in this edition. Our final guidance lesson will touch on summer safety and how your child can make healthy choices.

Warmly,
Miss D.



Something for
EVERYONE!

SUMMER ACTIVITIES

Get your student involved this summer!

Please check out the various activities being held this summer in the Mifflin County area.

Mifflin County Library Summer Reading Program

For more information call 717- 242- 2391 (No cost)

Juniata Valley YMCA Summer Camps

Various camps and times.

For more information call or email 717- 248- 5019/ jvymca.org

SUMCD Summer Camp

For more information or to complete an application, please contact us at:
570-966-2845 or 717-242-3032 or email info@sumcd.org www.sumcd.org

Online Reading Skills Program

Through Temple University, for more information please call 1-800-903-0942

Mega Sports Camps

5 Day Sports Camp: cheerleading, soccer, basketball, flag football, tennis, June 11-15,
9:00-11:30 a.m. at Belleville Playground, \$10 per child,

For more information email or call www.locustgrovemc.org / (717) 935-2164

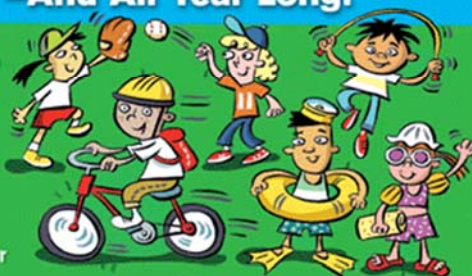
guidance
tips
info
help
instruction
advice
suggestion
intelligence
direction
counsel
consultation

Tape to Your Refrigerator!

Ten Tips for Staying Safe This Summer

-And All Year Long!

Summer is a time to have fun. Here are some things you can do to help you stay safe, too. How many can you remember?



- 1 Take a friend with you whenever you go places or play outside.
- 2 Know your full name, address, telephone number and your parents' names.
- 3 If you ever get lost in a public place, talk to someone in charge right away. He or she will help you find your parents.
- 4 Before taking anything from anyone, even from someone you know, check with your parents or a grown up you trust.
- 5 Check first with your parents or the person in charge before you go anywhere or get into a car, even with someone you know.
- 6 Say no if someone tries to treat you in a way that makes you confused or scared, and tell your parents or a trusted grown up right away.
- 7 Talk with your parents about which online activities are safe and which are not.
- 8 Use the "buddy" system when you go swimming, and always make sure a trusted grown up is watching.
- 9 Always cross a street at a corner or crosswalk. Look left and right before crossing.
- 10 Whenever you ride in a car, ride in the back seat and buckle up.

Important Phone Numbers to Remember:

Police _____
 Ambulance _____
 Fire Department _____
 Dad at Work _____
 Mom at Work _____
 Other Important Numbers: _____





TIPS TO BEAT THE SUMMER SLIDE

1. Read aloud together with your child every day.

Make it fun by reading outdoors on the front steps, patio, at the beach or park. Also, let your children read to you. For younger children, point out the relationship between words and sounds.

2. Set a good example!

Parents must be willing to model behavior for their children. Keep lots of reading material around the house. Turn off the TV and have each person read his or her book, including mom and dad.

3. Read the same book your child is reading and discuss it.

This is the way to develop habits of the mind and build capacity for thought and insight.

4. Let kids choose what they want to read, and don't turn your nose up at popular fiction.

It will only discourage the reading habit.

5. Buy books on tape, especially for a child with a learning disability.

Listen to them in the car, or turn off the TV and have the family listen to them together.

6. Take your children to the library regularly.

Most libraries sponsor summer reading clubs with easy-to-reach goals for preschool and school-age children. Check the library calendar for special summer reading activities and events. Libraries also provide age appropriate lists for summer reading.

7. Subscribe, in your child's name, to magazines like *Sports Illustrated for Kids*, *Highlights for Children*, or *National Geographic World*.

Encourage older children to read the newspaper and current events magazines, to keep up the reading habit over the summer and develop vocabulary. Ask them what they think about what they've read, and listen to what they say.

8. Ease disappointment over summer separation from a favorite school friend by encouraging them to become pen pals.

Present both children with postcards or envelopes that are already addressed and stamped. If both children have access to the Internet, email is another option.

9. Make trips a way to encourage reading by reading aloud traffic signs, billboards, notices.

Show your children how to read a map, and once you are on the road, let them take turns being the navigator.

10. Encourage children to keep a summer scrapbook.

Tape in souvenirs of your family's summer activities picture postcards, ticket stubs, photos. Have your children write the captions and read them and read them aloud as you look at the book together.

