

Counseling Corner



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MEET STRODES MILLS NEW SCHOOL COUNSELOR

Hello, my name is Alexis DiDomenico, your kiddos new School Counselor at Strodes Mills and East Derry Elementary schools! Since I began my professional journey I've been lucky to have had the opportunity to collaborate on some exciting proactive and collaborative projects. I take pride in all that I do and in the long-term relationships I've fostered in the process with my students and families. I firmly believe that every child can succeed with the support and care they need from a great school & home relationship. Please feel free to reach out and keep updated with the counseling services that can benefit your child in the future counseling corner newsletters coming this year!



ABOUT ME

I grew up on the East side of the Pittsburgh area, coming from a family of four. I currently live in State College with my French Bulldog named Louie. I earned my Bachelor's Degree in Rehabilitation and Human Services, with a background in Special Education and Human Development and Family Studies from Penn State. From my undergrad career, I continued my education at Penn state, receiving my M.Ed. in Counselor Education. In addition to my master's degree, I earned my National Certified Counselor (NCC) certificate. Previously, I worked in Keystone Central School District as an elementary counselor intern for a year and a half. I also worked as a clinician at Penn State's Cedar clinic counseling college students. I love my profession and all the work that will take place this school year. I am very excited to start my first year with Mifflin County School District and I look forward to engaging with all my students and their families at East Derry and Strodes Mills Elementary Schools.

WHAT IS THE SCHOOL COUNSELOR'S ROLE?

WHAT DOES A SCHOOL COUNSELOR DO?

- Talks with students individually and in small groups
- Gains understanding through observation and participation in the classroom
- Meets with students to discuss important topics such as friendship, emotions, and even careers!
- Works with teachers and families to help students achieve
- Helps all students grow as happy, healthy, and successful individuals!

REFERRALS MAY BE MADE BY...

- You, the parent/ Guardian
- The School Nurse
- School Staff Members
- Or even your child

YOU MIGHT CONTACT ME IF...

- Your child says he/she has difficulty with friends at school
- Your child is having difficulty with changes in your family such as divorce, remarriage, new baby, job change, loss, etc.
- Your child is having difficulty following the rules at school
- Your child does not want to come to school
- You are in need of community resources



IN COUNSELING, PLEASE BE AWARE THAT CONFIDENTIALITY IS MAINTAINED EXCEPT:

- In cases of suspected abuse or neglect
- If a child poses a danger to self or others
- If a child and/or parent/guardian gives permission to share information

Confidentiality is of the utmost importance. This means that anything you share with me is kept private. Information that I gather through meetings with students and parents/guardians will be shared only on a "need-to-know" basis. When information needs to be shared, I will assess who needs to know and what information he/she needs to know to best support students and their families.