

PIAA / MCSD Interscholastic Sports Physicals

All Sports Physicals completed on or after June 1, 2008 will be effective for *three consecutive sports seasons or one year*, whichever occurs first. However, this physical will need to be recertified if a student-athlete suffers an injury or serious illness during the season immediately preceding the one that the student-athlete plans to join.

All documents related to the application process are available at the Middle and High School Main Offices. For your convenience, you may also download forms listed as PDF files on this website or directly from the PIAA website at www.piaa.org. Click on the 'Resources' tab and select 'Forms'. The 2008-2009 Physical form (CIPPE) should be in that list. You will only need pages 1-4.

Application Process For All Sport Seasons

The Sports Physical application process has several components; each should be read, completed and submitted to the Athletic Director's Office according to the specific guidelines listed below:

1. Read and complete sections 1, 2, and 3 of the PIAA, *Comprehensive Initial Preparticipation Physical Examination* (CIPPE). Your physician is required to complete the information in Section 4.
2. Return a completed CIPPE to the Athletic Director's Office following this schedule:

FALL Season 2008-2009: June 1, 2008 – August 8, 2008

WINTER Season 2008-2009: June 1, 2008 – November 14, 2008

SPRING Season 2008-2009: June 1, 2008 – February 27, 2009

3. Once the Athletic Director has received a signed and completed CIPPE, the Athletic Training Services Staff will process the application. No student-athlete will be assigned to a sports team until this process is completed.

Parents – for your convenience and money saving ideas, may we suggest you sit down and plan out what items your child may need a physical for this school year. Items like the driver's license, worker's permits, and 11th grade physicals need performed throughout the year along with your personal pediatrician requiring an annual check-up. The sports physical can now be done in conjunction with any or all of these tasks. By accumulating your forms, you may be able to save yourselves any additional financial burdens since many insurance companies do not cover more than one physical per calendar year.

Please feel free to make copies of this form **before** submission if you would have need to have a copy for any other purposes i.e. camps, tryouts, or insurance---we must have the original in our files.

Geisinger Medical Group and Family Health Associates both encourage you to get your appointments now and avoid the rush in late July or early August since the PIAA has opened the window for completion beginning June 1st.