

**Communities Mobilizing for Change on Alcohol
(CMCA)**

WHAT: The goal of the CMCA initiative is to reduce youth access to alcohol in Mifflin County. If we reduce youth's access, we are on our way to reducing underage drinking. CMCA requires the whole community to be involved in changing the messages that we are sending to our youth.

WHO: CMCA is sponsored by Communities That Care, and our CMCA team currently has 18 members from Mifflin County Regional Police, the Mifflin County School District, the faith community, Lewistown Hospital, Clear Concepts Counseling, the Mifflin County Correctional Facility, Mifflin County Probation and many others!

WHY: Communities That Care brought CMCA to our area because, even though most of our youth do not drink alcohol regularly, about 28% do, and about 60% of Mifflin County youth do not think that underage drinking is dangerous. This information was taken from the PA Youth Survey given to MCSD 8th, 10th and 12th grade students in October 2005.

HOW DO I GET INVOLVED: Getting involved is as easy as spreading the word that underage drinking and providing alcohol to minors is dangerous and illegal. For other opportunities to get involved with CMCA or Communities That Care, contact Kate Swigart at 248-3994.

ONE MORE THING...

Get ready for SAFE HOMES coming this fall!!

SAFE HOMES is a program from the PA Liquor Control Board that allows parents to easily communicate with one another and work together to keep their children safe and alcohol-free.

If your child is in middle school, keep your eyes open for more information on SAFE HOMES!