

Breakfast includes fruit or fruit juice and milk

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of Cereal And Cereal Bars	Choice of Cereal Or Brkfst Pizza	Choice of Cereal And Pop Tart	Choice of Cereal or Glazed French Toast, or Cinn. Pretzels	Choice of Cereal And Warm Muffin

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
30) Thanksgiving Holiday	1) Thanksgiving Holiday	2) Day #6 Chicken Nuggets W/ Sauce Dinner Roll Baby Carrots Sliced Peaches Milk	3) Day #1 Spaghetti w/ Mt. Sauce Warm Bread Stick Rocky Mt. Salad Mandarin Oranges Milk	4) Day #2 Pepperoni Pizza Mixed Veggies Tossed Salad Rice Krispie Treat Milk
7) Day #3 Chicken Rings w/ Sauce Dinner Roll Carrot Coins Apple Wedges Milk	8) Day #4 Chilled Fruit Juice Sausage Pattie Pancakes w/ Syrup Orange Wedges Milk	9) Day #5 Macho Nacho Whole Corn Fruit Churro Milk	10) Day #6 Chicken Noodle Soup w/ Saltines Peanut Butter Sand. Chilled Pears Snow Man Shaped Soft Pretzel - Milk	11) Day #1 Hoagie Baked Chips California Blend Veggies Chilled Fruit Cup Milk
14) Day #2 Chicken Tenders w/ Sauce Dinner Roll Green Beans Apple Sauce Milk	15) Day #3 Hot Dog or Cheese Dog Curly Fries Fresh Relish w/ Dip Ice Cream Cup Milk	16) Day #4 Chilled Fruit Punch Turkey w/ filling and Gravy Whipped Potatoes Corn, Cran. Sauce Holiday Dessert Milk Holiday Meal	17) Day #5 Tomato Soup w/ Saltines Toasted Cheese Rocky Mt. Salad Fresh Grapes Milk	18) Day #6 Maxi Sticks Seasoned Peas Baby Carrots Brownie Milk
21) Day #1 Chicken Fries w/ sauce Dinner Roll Seasoned Corn Apple Wedges Milk	22) Day #2 Deli Sandwich Baked Chips Fresh Veggies w/ Dip Chilled Fruit Milk	23) 	24) Christmas Vacation Holiday	25) Christmas Vacation Holiday
28) Christmas Vacation Holiday	29) Christmas Vacation Holiday	30) Christmas Vacation Holiday	31) Christmas Vacation Holiday	

December 2009 Menu



Highland Park Elementary