

# All Schools (Gluten Free)

## November Menu 2016



Specialty Salads Available on Mon/Thurs w/Gluten Free Bread (4th-9th)  
 Specialty Salads w/ Gluten Free Bread Available Daily at High School  
 PB Sandwich on Gluten Free Bread Available Daily

MON	TUE	WED	THU	FRI
	1. Ham and Cheese Sandwich Gluten Free Bun Mixed Green Salad "Gluten Free Dressing" Carrot Coins Assortment of Fruits & Juice Milk	2. D.I.Y Walking Taco "Corn Chips Only" Gluten Free Bun Corn Fresh Veggie Assortment of Fruits & Juice Milk	3. Hot Dog Gluten Free Roll Whipped Potatoes Baked Beans Assortment of Fruits & Juice Milk	4. Cheese Pizza Gluten Free Rocky Mt. Salad "No Croutons" Peas Assortment of Fruits & Juice Milk
7. Grilled Chicken Breast Gluten Free Bun Corn Whipped Potatoes Assortment of Fruits & Juice Milk	8. PB Sandwich on "Gluten Free Bread" Mixed Greens Salad "Gluten Free Dressing" Veggie Dippers Assortment of Fruits & Juice Milk	9. Grilled Pizza Sandwich Gluten Free Bread Caesar Salad (no croutons) "Gluten Free Dressing" Baby Carrots Assortment of Fruits & Juice Milk	10. No School Scheduled	11. No School Scheduled
14. Grilled Chicken Sandwich w/ Cheese Gluten Free Bun Mixed Greens Tossed Salad "Gluten Free Dressing" Corn Assortment of Fruits & Juice Milk	15. Hamb.or Ch. Burger, Gluten Free Bun Lettuce, Tom., Pickles Whipped Potatoes Veggie Dippers Assortment of Fruits & Juice Milk	16. Fruit Juice Hot Turkey "No Gravy" Gluten Free Bread Whipped Potatoes Corn Cranberry Sauce- Van. Ice Cream Assortment of Fruits & Juice	17. Hot Dog Gluten Free Roll Green Benas Mixed Green Salad "Gluten Free Dressing" Assortment of Fruits & Juice Milk	18. Ham and Cheese Sandwich Gluten Free Bun Lettuce and Tomato Caesar Salad "No Croutons" Gluten free Dressing Glazed Carrots Assortment of Fruits & Juice Milk
21. Oven Baked Chicken Gluten Free Bread Mixed Green Salad "Gluten Free Dressing" Baked Beans Assortment of Fruits & Juice Milk	22. Chilled Fruit Juice Egg & Cheese Sandwich Gluten Free Bun Gluten Free Yogurt Assortment of Fruits & Juice Baby Carrots Milk	23. Grilled Chicken Sandwich Gluten Free Bun Baby Carrots Caesar Salad (no croutons) "Gluten Free Dressing" Assortment of Fruits & Juice Milk	24. No School Scheduled	25. No School Scheduled
28. No School Scheduled	29. No School Scheduled	30. Hamburger Gluten Free Bun Whipped Potatoes Steamed Broccoli Assortment of Fruits & Juice Milk		