

All Schools (Gluten Free)

September Lunch Menu 2018



Specialty Salads Available on Mon/Thurs w/Gluten Free Bread (4th-9th)
 Specialty Salads w/ Gluten Free Bread Available Daily at High School
 PB Sandwich on Gluten Free Bread Available Daily

MON	TUE	WED	THU	FRI
No School Scheduled	4. Hamb.or Ch. Burger, Gluten Free Bun Lettuce, Tom., Pickles Whipped Potatoes Veggie Dippers Assortment of Fruits & Juice Milk	5. Crunchy Taco Lettuce, Tomato, and Salsa Seasoned Pinto Beans Veggies Assortment of Fruits & Juice Milk	6. Hot Dog Gluten Free Roll Green Beans Mixed Green Salad "Gluten Free Dressing" Assortment of Fruits & Juice Milk	7. Ham and Cheese Sandwich Gluten Free Bun Lettuce and Tomato Caesar Salad "No Croutons" Gluten free Dressing Carrots Coins Assortment of Fruits & Juice Milk
10. Grilled Pizza Sandwich Gluten Free Bread Mixed Green Salad "Gluten Free Dressing" Baked Beans Assortment of Fruits & Juice Milk	11. Chilled Fruit Juice Egg & Cheese Sandwich Gluten Free Bun Gluten Free Yogurt Assortment of Fruits & Juice Baby Carrots Milk	12. Grilled Chicken Sandwich Gluten Free Bun Baby Carrots Caesar Salad (no croutons) "Gluten Free Dressing" Assortment of Fruits & Juice Milk	13. PB Sandwich on Gluten Free Bun Steamed Veggie Veggie Dippers Ice Cream (Secondary Only) Assortment of Fruits & Juice Milk	14. Gluten Free Pizza Rocky Mt. Salad "No Croutons" Steamed Veggies Assortment of Fruits & Juice Milk
17. Grilled Chicken Sandwich Gluten Free Bun Veggie Dippers Baked Beans Assortment of Fruits & Juice Milk	18. Ham and Cheese Sandwich Gluten Free Bun Mixed Green Salad "Gluten Free Dressing" Whipped Potatoes Assortment of Fruits & Juice Milk	19. Macho Nacho Bar "Corn Chips Only" Fixing's Cup Corn Baby Carrots Assortment of Fruits & Juice Milk	20. Hamburger Gluten Free Bun Whipped Potatoes Steamed Broccoli Assortment of Fruits & Juice Milk	21. Act 80 Day
24. Grilled Chicken Breast Gluten Free Bun Mixed Green Salad "Gluten Free Dressing" Seasoned Green Beans Assortment of Fruits & Juice Milk	25. Ham and Cheese Sandwich Gluten Free Bun Mixed Green Salad "Gluten Free Dressing" Carrot Coins Assortment of Fruits & Juice Milk	26. D.I.Y Walking Taco "Corn Chips Only" Gluten Free Bun Corn Baby Carrots Assortment of Fruits & Juice Milk	27. Hot Dog Gluten Free Roll Whipped Potatoes Baked Beans Assortment of Fruits & Juice Milk	28. Gluten Free Pizza Rocky Mt. Salad "No Croutons" Peas Assortment of Fruits & Juice Milk
				Menu Subject to Change