

All Schools (Gluten Free)

Lunch Menu November 2018



Specialty Salads Available on Mon/Thurs w/Gluten Free Bread (4th-9th)
 Specialty Salads w/ Gluten Free Bread Available Daily at High School
 PB Sandwich on Gluten Free Bread Available Daily

MON	TUE	WED	THU	FRI
Menu Subject to change			1. Hot Dog Gluten Free Roll Whipped Potatoes Baked Beans Assortment of Fruits & Juice Milk	2. Gluten Free Pizza Rocky Mt. Salad "No Croutons" Peas Assortment of Fruits & Juice Milk
5. Grilled Chicken Breast Gluten Free Bun Corn Whipped Potatoes Assortment of Fruits & Juice Milk	6. PB Sandwich on "Gluten Free Bread" Mixed Greens Salad "Gluten Free Dressing" Veggie Dippers Assortment of Fruits & Juice Milk	7. Grilled Pizza Sandwich Gluten Free Bread Caesar Salad (no croutons) "Gluten Free Dressing" Baby Carrots Assortment of Fruits & Juice Milk	8. Baby Carrots WG Toasted Cheese Sand. Gluten Free Bread Chef Salad "Gluten Free Dressing" Ice Cream (Secondary Only) Assortment of Fruits & Juice Milk	9. Gluten Free Pizza Baked Beans Baby Carrots Assortment of Fruits & Juice Milk
Act 80 Day	No School Scheduled	14. Grilled Chicken Sandwich "Gluten Free Roll" Seasoned Pinto Beans Veggies Assortment of Fruits & Juice Milk	15. Fruit Juice Hot Turkey "No Gravy" Gluten Free Bread Whipped Potatoes Corn Cranberry Sauce- Van. Ice Cream Assortment of Fruits & Juice	16. Ham and Cheese Sandwich Gluten Free Bun Lettuce and Tomato Caesar Salad "No Croutons" Gluten free Dressing Carrots Coins Assortment of Fruits & Juice Milk
19. Grilled Pizza Sandwich Gluten Free Bread Mixed Green Salad "Gluten Free Dressing" Baked Beans Assortment of Fruits & Juice Milk	20. Chilled Fruit Juice Egg & Cheese Sandwich Gluten Free Bun Gluten Free Yogurt Assortment of Fruits & Juice Baby Carrots Milk	21. Grilled Chicken Sandwich Gluten Free Bun Baby Carrots Caesar Salad (no croutons) "Gluten Free Dressing" Assortment of Fruits & Juice Milk	No School Scheduled	No School Scheduled
No School Scheduled	No School Scheduled	28. Grilled Chicken Sandwich Gluten Free Bun Veggie Dippers Baked Beans Assortment of Fruits & Juice Milk	29. Hamburger Gluten Free Bun Whipped Potatoes Mixed Veggies Assortment of Fruits & Juice Milk	30. Gluten Free Pizza Rocky Mt. Salad "No Croutons" Steamed Veggies Assortment of Fruits & Juice Milk