

All Schools (Gluten Free)

Lunch Menu December 2018



Specialty Salads Available on Mon/Thurs w/Gluten Free Bread (4th-9th)
 Specialty Salads w/ Gluten Free Bread Available Daily at High School
 PB Sandwich on Gluten Free Bread Available Daily

MON	TUE	WED	THU	FRI
3. Grilled Chicken Breast Gluten Free Bun Mixed Green Salad "Gluten Free Dressing" Seasoned Green Beans Assortment of Fruits & Juice Milk	4. Ham and Cheese Sandwich Gluten Free Bun Mixed Green Salad "Gluten Free Dressing" Carrot Coins Assortment of Fruits & Juice Milk	5. D.I.Y Walking Taco "Corn Chips Only" Gluten Free Bun Corn Baby Carrots Assortment of Fruits & Juice Milk	6. Hot Dog Gluten Free Roll Whipped Potatoes Baked Beans Assortment of Fruits & Juice Milk	7. Gluten Free Pizza Rocky Mt. Salad "No Croutons" Peas Assortment of Fruits & Juice Milk
10. Grilled Chicken Breast Gluten Free Bun Corn Whipped Potatoes Assortment of Fruits & Juice Milk	11. PB Sandwich on "Gluten Free Bread" Mixed Greens Salad "Gluten Free Dressing" Veggie Dippers Assortment of Fruits & Juice Milk	12. Grilled Pizza Sandwich Gluten Free Bread Caesar Salad (no croutons) "Gluten Free Dressing" Baby Carrots Assortment of Fruits & Juice Milk	13. Baby Carrots WG Toasted Cheese Sand. Gluten Free Bread Chef Salad "Gluten Free Dressing" Ice Cream (Secondary Only) Assortment of Fruits & Juice Milk	14. Gluten Free Pizza Baked Beans Baby Carrots Assortment of Fruits & Juice Milk
17. Grilled Chicken Sandwich w/ Cheese Gluten Free Bun Mixed Greens Tossed Salad "Gluten Free Dressing" Corn Assortment of Fruits & Juice Milk	18. Hamb.or Ch. Burger, Gluten Free Bun Lettuce, Tom., Pickles Whipped Potatoes Veggie Dippers Assortment of Fruits & Juice Milk	19. Fruit Juice Hot Turkey "No Gravy" Gluten Free Bread Whipped Potatoes Corn Cranberry Sauce- Van. Ice Cream Assortment of Fruits & Juice	20. Hot Dog Gluten Free Roll Green Beans Mixed Green Salad "Gluten Free Dressing" Assortment of Fruits & Juice Milk	21. Ham and Cheese Sandwich Gluten Free Bun Lettuce and Tomato Caesar Salad "No Croutons" Gluten free Dressing Carrots Coins Assortment of Fruits & Juice Milk
24. No School Scheduled	25. No School Scheduled	26. No School Scheduled	27. No School Scheduled	28. No School Scheduled
31. No School Scheduled				Menu Subject to change