

All Schools (Gluten Free)

January Lunch Menu 2018



Specialty Salads Available on Mon/Thurs w/Gluten Free Bread (4th-9th)
 Specialty Salads w/ Gluten Free Bread Available Daily at High School
 PB Sandwich on Gluten Free Bread Available Daily

MON	TUE	WED	THU	FRI
Menu Subject to Change		3. Grilled Chicken Breast Gluten Free Bun Mixed Green Salad "Gluten Free Dressing" Seasoned Green Beans Assortment of Fruits & Juice Milk	4. Hot Dog Gluten Free Roll Whipped Potatoes Baked Beans Assortment of Fruits & Juice Milk	5. Gluten Free Pizza Rocky Mt. Salad "No Croutons" Peas Assortment of Fruits & Juice Milk
8. Grilled Chicken Breast Gluten Free Bun Corn Whipped Potatoes Assortment of Fruits & Juice Milk	9. PB Sandwich on "Gluten Free Bread" Mixed Greens Salad "Gluten Free Dressing" Veggie Dippers Assortment of Fruits & Juice Milk	10. Grilled Pizza Sandwich Gluten Free Bread Caesar Salad (no croutons) "Gluten Free Dressing" Baby Carrots Assortment of Fruits & Juice Milk	11. Baby Carrots WG Toasted Cheese Sand. Gluten Free Bread Chef Salad "Gluten Free Dressing" Ice Cream (Secondary Only) Assortment of Fruits & Juice Milk	12. Gluten Free Pizza Baked Beans Baby Carrots Assortment of Fruits & Juice Milk
15. No School Scheduled	16. Hamb.or Ch. Burger, Gluten Free Bun Lettuce, Tom., Pickles Whipped Potatoes Veggie Dippers Assortment of Fruits & Juice Milk	17. Crunchy Taco Lettuce, Tomato, and Salsa Seasoned Pinto Beans Veggies Assortment of Fruits & Juice Milk	18. Hot Dog Gluten Free Roll Green Beans Mixed Green Salad "Gluten Free Dressing" Ice Cream (Secondary Only) Assortment of Fruits & Juice Milk	19. Act 80 Day
22. Grilled boneless wings Gluten Free Bread Mixed Green Salad "Gluten Free Dressing" Baked Beans Assortment of Fruits & Juice Milk	23. Chilled Fruit Juice Egg & Cheese Sandwich Gluten Free Bun Gluten Free Yogurt Assortment of Fruits & Juice Baby Carrots Milk	24. Grilled Chicken Sandwich Gluten Free Bun Whipped Potatoes Caesar Salad (no croutons) "Gluten Free Dressing" Assortment of Fruits & Juice Milk	25. PB Sandwich on Gluten Free Bun Steamed Veggie Veggie Dippers Assortment of Fruits & Juice Milk	26. Gluten Free Pizza Rocky Mt. Salad "No Croutons" Steamed Veggies Assortment of Fruits & Juice Milk
29. Grilled Chicken Sandwich Gluten Free Bun Veggie Dippers Baked Beans Assortment of Fruits & Juice Milk	30. Hot Ham and Cheese Gluten Free Bun Mixed Green Salad "Gluten Free Dressing" Whipped Potatoes Assortment of Fruits & Juice Milk	31. Macho Nacho Bar "Corn Chips Only" Fixing's Cup Corn Veggies Assortment of Fruits & Juice Milk		